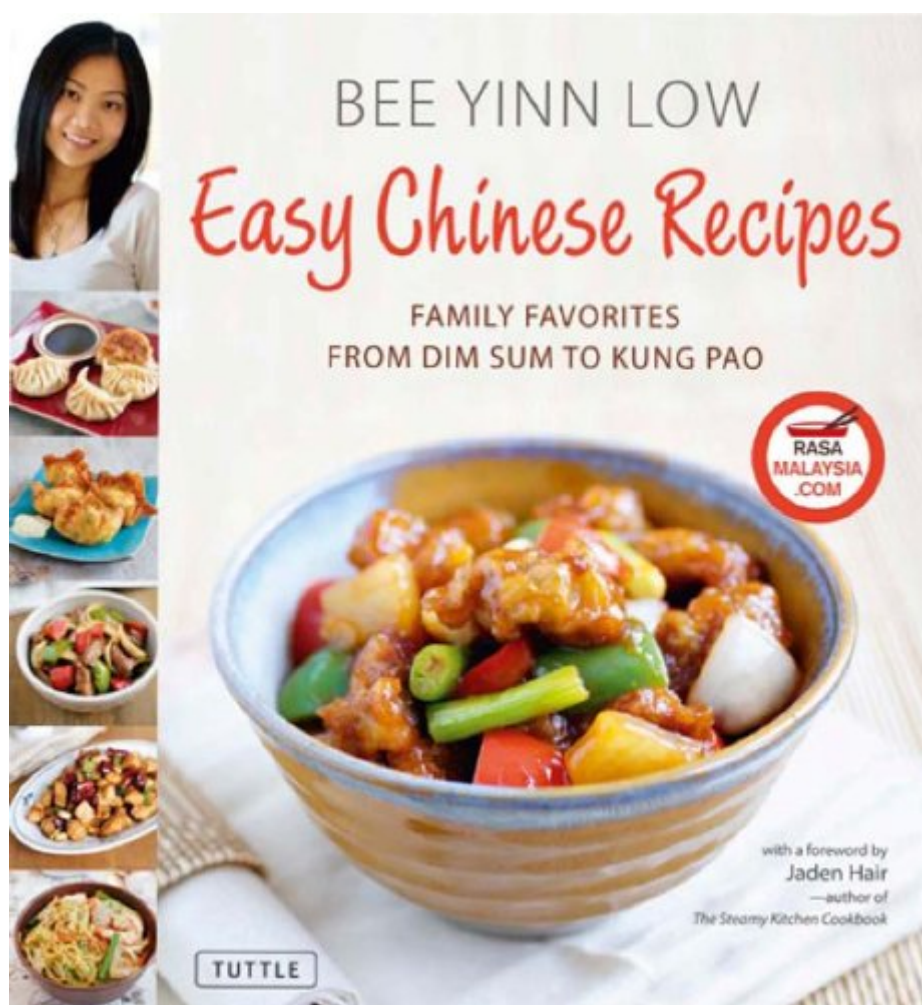


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# Easy Chinese Recipes: Family Favorites From Dim Sum To Kung Pao



## Synopsis

Cook all your favorite Chinese dishes at home with this easy-to-follow Chinese cookbook! Growing up in a Chinese household in Malaysia where cuisine and culture were inseparable, Bee Yinn Low developed a deep love and appreciation for food. Her early memories of helping her mother prepare steamy and fragrant Chinese meals solidified into a way of life for Bee as a working woman in Southern California. A love of Chinese food didn't translate well to a modern Western lifestyle due to time and ingredient constraints. Rather than give up her favorite foods, Bee experimented with recreating the unforgettable flavors of her youth with her limited time and using ingredients found in local supermarkets. She managed to develop versions of her favorite Chinese dishes that had all the taste—but were a lot less work! In *Easy Chinese Recipes*, Bee shares her passion and expertise in Chinese cooking. It features a collection of Bee's all-time favorite dishes—the foods she loves to cook and eat at home. She includes updated traditional family recipes along with her own versions of the best Chinese restaurant dishes from around Asia. Favorite Chinese recipes include: Crispy Shrimp Dumplings Kung Pao Chicken Sweet-and-Sour Pork Homestyle Chow Mein Noodles Mongolian Beef And many more! Building off her passion, expertise and the avid following she has on her website, [rasamalaysia.com](http://rasamalaysia.com), the Internet's most popular Asian food and cooking site, *Easy Chinese Recipes* is sure to become the go-to book for cooks interested in creating Chinese meals at home.

## Book Information

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## Customer Reviews

Love this book! Love it so much, I might need the Kindle version to accompany my book. Book to read leisurely in my couch, and the Kindle edition to use in the kitchen while cooking. Have made the Fried Wontons (Excellent), Scrambled Eggs with Shrimp (Excellent), Mongolian Beef (VG), Black Pepper Beef (VG), Beef and Broccoli (VG), and the Chinese BBQ Pork aka Char Siu (Double up on the sauce. Had good flavors but not wild about the cooking method). I'll be tackling the Sweet and Sour Pork, Spring Rolls, Mapo Tofu, Shrimp Fried Rice, Shrimp and Yellow Chive Dumplings next. Very happy to be able to re-create the tastes of my childhood.

A few things make this an outstanding cookbook. The first is the quality of the book. It's a generous sized, hardcover cookbook; the pages are made of high quality paper; it contains large full color pictures; the contents are very organized and easy to read and understand. Bottom line, it's really a nice looking cookbook. The second are the intro and tips at the beginning of the book which were invaluable for me. This book takes the large array of Chinese sauces, veggies, spices, and ingredients and breaks down the most common ones and provides clear pictures and explanations of each. As long as you have access to a decent Asian grocery store, you should be able to obtain most if not all of the ingredients. You literally will be able to find the exact same brands in the book at the Asian grocery store. The gem for me were the tips around stir frying and preparation of meats, poultry, etc. What I liked were that the tips and explanations were not overly wordy or complex. They were short, concise nuggets of info that you can apply immediately to almost any dish. The third great thing about this cookbook are that the recipes are easy to understand and prepare. I have a few Chinese recipes from my mom and they are pretty consistent with what's in this cookbook. Some people may be concerned about whether these are "authentic" Chinese recipes and I would say that you will find some of these dishes in a lot of Chinese family dinner tables here in America. I think true authentic would be outside of the adventure zone for most American palates but I'll let others debate what is true authentic vs not authentic. All I know is I really like this cookbook and have gotten some great results from it. It should be especially great for those that

want to be introduced to chinese cooking and equally great for those beginners who are looking to expand their chinese cooking repertoire.

I have purchased this book for my teenage daughter, because she wanted to cook Chinese food at home. We live out in the middle of nowhere in the country and take out is not readily available. I am a chef and she has always liked cooking with me. This book is a nice compilation of recipes, the instructions are easy to follow, even for a teenager and they are fun to cook. The pictures in this book are really nice and inspiring. The ingredients required are easily found in grocery stores or the Chinese market. All in all this is a winner.

We love Chinese food and I have taken lots of cooking classes to learn how to make it. I'm actually a pretty good Chinese cook. I don't know why I was drawn to this cookbook, but I decided to give it a try. I found the directions very easy to follow. I also enjoyed her intros to the recipes. I've made about 10 recipes so far and all have been hits with my family. She had a recipe for a dish that I love from one of the excellent Chinese restaurants near us. I made it and it was just like the restaurant version. Delicious. I am checking off lots of the recipes as I make them. My husband has taken to thumbing through it and making suggestions for the next recipe to try. It does help that I have several Chinese markets nearby and can get all of the listed ingredients, even fresh rice noodles. I feel I'm taking my Chinese cooking up a notch. Great cookbook.

I was prompted to buy this cookbook when I moved from a city of over a million people to a town of just over 30,000--not surprisingly, the number and quality of Chinese restaurants suffered with my move. Now, my options for Chinese are pretty much Panda Express or a handful of shady buffet-style places guaranteed to leave you with an upset stomach in a few hours. I love Chinese food, however, so I wasn't going to give up easily. Looking on Amazon, "Easy Chinese Recipes" was one of the top selling Chinese cookbooks, so I bought it on the spot. I've had this cookbook a few months now, and have tried making many of the dishes. They are not only easy, but wonderfully delicious and fast to make. I cannot vouch entirely for their authenticity, but having traveled throughout China a bit and eaten at authentic Chinese restaurants throughout the U.S. and Asia, to my palate they seem quite authentic as well. They are also very fast to prepare ... many dishes take about 10 minutes prep time and just a couple of minutes in the wok. And, once you have the fundamental ingredients, a lot of the time you just need to go out and buy some veggies and a protein and voila, you're ready to cook. Living in a small town with no good options for Chinese, "Easy Chinese

Recipes" is a lifesaver. However, even if you live in a bigger locale, you're missing out if you don't have this book. These dishes taste just as good if not better than many I've had at good Chinese restaurants, are fast and easy to make, and are likely quite a bit healthier in most cases than what you'd order from a restaurant. My hat is off to the author, who's done a fabulous job at making Chinese cuisine accessible to a wide audience.

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